

Useful websites and resources for Parents / Carers of children with SEN

- National Autistic Society- resources for Autistic children and their families. <https://www.autism.org.uk/>
- www.twinkl.co.uk/resources/specialeducationalneeds-sen
- <https://councilfordisabledchildren.org.uk/help-resources/resources/supporting-children-learning-disability-asd-coping-covid-19-isolation> A useful booklet on how to support a child with SEN during the pandemic.
- <https://www.thesendcast.com/> A podcast focusing on SEN.
- Contact- Coronavirus: Information for families with disabled children. <https://contact.org.uk/advice-and-support/coronavirus-information-for-families-with-disabled-children/>
- Special Needs Jungle: All Coronavirus articles <https://www.specialneedsjungle.com/calming-coronavirus-anxiety-children-everyone-else/>
- Down Syndrome Association- A range of information and resources including: learning at home, keeping fit and healthy and fun and relaxing things to do at home. <https://www.downs-syndrome.org.uk/>
- National Deaf Children's Society (NDCS)- information for parents, carers and families and information for professionals to support d/Deaf children and young people during the Coronavirus outbreak. <https://www.ndcs.org.uk/#>
- Association for Child and Adolescent Mental Health (ACAMH) <https://www.acamh.org/>
- Cardiff & Vale University Health Board- Supporting Children with Learning disability/ ASD: coping with COVID-19 isolation. <https://councilfordisabledchildren.org.uk/help-resources/resources/supporting-children-learning-disability-asd-coping-covid-19-isolation>
- NHS East London Foundation Trust: Supporting Neurodiverse Children In Challenging Times Such As During Self-Isolation. <https://www.elft.nhs.uk/News/Supporting-Neurodiverse-Children-in-Self-Isolation>
- Makaton hand washing video: <https://www.youtube.com/watch?v=6CkrydRbLEY>
- Sensory Integration Education- hand washing tips for people with sensory difficulties. <https://www.sensoryintegration.org.uk/News/8821506>
- Books Beyond Words- a free wordless book about beating the virus. <https://booksbeyondwords.co.uk/downloads-shop/>
- Covibook – an interactive resource designed to support and reassure children aged 7 and under, designed to help children explain and draw the emotions that they might be experiencing during the pandemic. <https://www.mindheart.co/descargables>
- Autistica- guide to coping with the anxiety and uncertainty of Coronavirus. <https://www.autistica.org.uk/what-is-autism/coping-with-uncertainty>
- HospiChill- an app developed by psychologists with relaxation games and activities for children and young people who are in hospital or going to hospital appointments. <http://hospichill.net/>
- CoughDrop- Cough Drop are an open-source and free AAC communication resource. They have recently published new Covid-19 vocabulary to help people who are non-verbal and those with complex communication needs talk about Coronavirus and communicate with health and care professionals. These tools can be used with a range of communication software and are designed for people with autism, cerebral palsy, Down syndrome and other complex communication needs. <https://www.mycoughdrop.com/>

- Liverpool CAMHS- Supporting children during social distancing, a collection of resources. <https://wakelet.com/wake/564d7bc8-4bc9-462f-a9e1-2deb03150c3f> and washing rap.
- Purple All Stars- A rap video about hand washing. <https://vimeo.com/134952598>
- RNIB <https://www.rnib.org.uk/children-young-people-and-families/resources-parents-blind-or-partially-sighted>
- Ambitious About Autism- resources to help autistic persons and their families. <https://www.ambitiousaboutautism.org.uk/>